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Email: \_\_\_\_\_

**Cost:** \$175.00

**Payment must Accompany  
Registration.**

**Registration closes 22<sup>nd</sup> February 2010**

**Payment Options:**

*Cheque* – made payable to “Infinite Wellness”

*Electronic Funds Transfer:* Please email receipt of payment or enclose a copy with your registration

Bank: Westpac

Account Name: Infinite Wellness

BSB: 034076

Account Number: 374645

*Credit card* payments can be made by phone by calling (07) 33673434

**Please post your Registration to:**

Infinite Wellness

PO Box 5031

Paddington

Qld 4064

**LIMITED (12) SPACES- BOOK EARLY TO  
AVOID DISAPPOINTMENT**

For Course Inquiries, please call  
Susie or Mikaela on (07) 3367 3434  
Email: [info@infinitewellness.com.au](mailto:info@infinitewellness.com.au)

ABN 97 583 231 057

**About the Presenter**



Rachael is an experienced and qualified Homeopath who practices from her multi-modality clinic in Paddington Brisbane. She has a large following amongst pregnant and lactating Mother's and their infant's and children. She has a special interest in mental health, hormonal problems, infectious disease and developmental issues in children. Rachael is seen by many families who consider her an alternative to a conventional doctor, seeking treatment for a variety of acute and chronic disorders. Other conditions commonly seen in her practice include asthma, gastroenteritis, eczema and other types of skin conditions, depression (including post-natal), anxiety and panic disorder, colds/flu, hormonal problems, allergies, chronic fatigue syndrome, and ear infections. Rachael has experience as a tertiary lecturer and public and private teacher. Rachael features on Natural Parenting Website ([www.naturalparenting.com.au](http://www.naturalparenting.com.au)) and is co-founder of the Practitioners Connected ([www.practitionersconnected.com](http://www.practitionersconnected.com)). Rachael has recently completed a post-graduate certificate in Community And Youth Work at Griffith University. It is her wish to soon undertake a PhD in Indigenous Philosophy in order to work more closely with and learn from the Australian Indigenous peoples (both in health/wellbeing and community development)

**Introduction To  
Homeopathy  
& Home Prescribing For  
First Aid and Acute  
Conditions**



Presented By

**Rachael Gleeson**

Adv.Dip. Hlth Sc. (Hom)

Grad. Cert. Community & Youth Work  
Cert IV Workplace Training & Assessment

Qualified Homeopathic Practitioner & Lecturer  
AROH Reg

3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> March 2010

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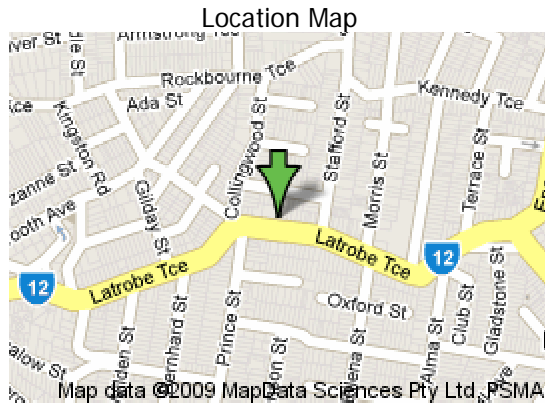
**Infinite Wellness**  
145 Latrobe Tce  
Paddington

**Venue:**  
**Infinite Wellness**

145 Latrobe Tce  
Paddington QLD

**Parking:**

Along Latrobe Tce or Stafford and Collingwood Sts



**Catering:**

Light Supper will be provided and included in registration fee. Water, tea and coffee available throughout the evening.

**Course notes:**

Comprehensive course booklet will be provided and included in registration fee

**Small Infants/Breastfed babies' welcome**

Kits, Books and DVD's will be available for purchase



For further information on Rachael and her practice, please visit [www.infinitewellness.com.au](http://www.infinitewellness.com.au)

## Course Details

*In this comprehensive 4-part course, Rachael will share her knowledge and combine her experience of teaching and working with individuals and families, women and children for the past decade. The aim of her courses is to educate clients and community members on health and vitality in both dis-ease and wellness. This course is designed to empower you with the skills, knowledge and confidence you need to care for yourself and your family naturally enabling you to obtain the safe, natural and effective treatment when using Homeopathy at home.*

### Week 1

**Wednesday 3<sup>rd</sup> March 2010 7pm-9.30pm**

#### Homeopathic Philosophy and Principals

- History of Homeopathy
- What is Homeopathy
- The Similimum and the Law of Similars
- The Law of Minimum Dose
- Homeopathic Terminology and Definitions
- Definition of Terms Used in Homeopathic Pharmacy
- Provings
- Homeopathic Pharmacy – Procedures for Potentisation
- The Materia Medica
- The Repertory
- The Single Medicine
- The Whole Person
- Constitution & Susceptibility
- The Vital Force
- Acute and Chronic Disease
- The Role of the Vital Force in Acute Prescription

### Week 2

**Wednesday 10<sup>th</sup> March 2010 7pm-9.30pm**

#### Homeopathic Philosophy and Principals

- Miasms –Basic Theory
- Introduction to the 5 Major Miasms
- Miasmatic & Non-Miasmatic Layers
- The Laws of Cure
- Homeopathic View of Health & Disease
- Homeopathy - Myths and Truths
- Homeopathy and Safety
- Difference between disease and health: Homeopathy and other systems of medicine.
- Benefits of Homeopathy

### Week 3:

**Wednesday 17<sup>th</sup> March 2010 7pm-9.30pm**

#### Taking the Case History

- Introduction to Case Taking in First Aid and Acute Situations
- The Symptom Picture
- Development of a Treatment Plan for Acute Disease
- Note Taking
- Classification and evaluation of symptoms
- Working out the Medicine

#### Prescribing

- 4 Types of Similimum
- 6 Methods of prescribing
- Whom to prescribe for
- Forms of Remedies Available
- How Many Doses and How Often
- Which Potency
- Assessing the Response
- The Homeopathic Aggravation
- Case Management and Treatment of Acute Cases
- Interpretation of Basic Homeopathic Therapeutic Action Following Prescription in Acute Cases
- Antidotes
- Prescription of the Acute/first Aid Medicine
- Professional Care
- When To Seek Help
- Referring to Western Medicine

### Week 4:

**Wednesday 24<sup>th</sup> March 2010 7pm-9.30pm**

#### Home-prescribing for infants and children

- Sources of Medicines
- Common Homeopathic Medicines for First Aid and Acute situations including bites and stings; bruises; wound and fracture healing; infants and children's complaints; acute bacterial and viral infections; digestive complaints; travel/motion sickness; worms and parasites and many more. Over 30 medicines will be covered.
- Sample Cases